

Rae Hight, RN, MA, LMHC, Certified Journal to the Self® Instructor
Wellness Coaching  Journaling Instruction




Day Planners to Journals ... Professional Women Writing for Balance

A 2-hour Workshop on writing and collage for business growth.

“How can journaling be of benefit to me?”

“I’m busy running a business! Where would I find the time?”

Come to a fun and productive 2-hour workshop on writing and collage for business growth!

-  Explore ways to blend your personal world with professional success!
-  Bring your journaling questions and some paper or a notebook.
-  Through writing and discussion, you’ll learn just how much you can do in 15 minutes or less!

When: TBA (can be Saturdays or weekdays)
Where: Hight’s Pathway Studio, Port Orchard
Cost: \$25.00 for networking group members
\$45.00 for non-group members



Moxie Consultation

Registration Information
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