



Wholistic Wellness Workshop

A Tapestry of Wellness

Weaving Your Design

Keynote Address: John Walck, M.D.

February 6, 2010 - 9:00 - 4:00

Elim Lutheran Church

5911 E Hillcrest Dr, Port Orchard, WA

Register Now!

\$20 Healthy Lunch Included

elimlutheranpo.net 360.710.2423

Nutrition ♦ Tai Chi ♦ Thinking Well ♦ Women's Health ♦ Wholistic Medicine

♦ Acupuncture ♦ Animal Assisted Therapy ♦

♦ Physical Therapy ♦ Spiritual Health ♦

Energetic & Spiritual Health ♦ Feldenkrais ♦ Journaling ♦ Moving through Grief